

The only Mineral SPA hotel in Baltic States Vytautas Mineral SPA and the Professional Breakthrough Mentor Aušra Bijaminienė invite you to

CEO PITSTOP

AT VYTAUTAS MINERAL SPA.

Relax. Recharge. Discover.

Carve out half a day from your busy executive life to recharge your battery – refuel, reassess, and refocus on the path to your fullest potential.

It's more than a pause; it's a catalyst for meaningful transformation. This is your moment for deep reflection, meticulous evaluation, and, if necessary, making those pivotal adjustments or decisions that propel you to greater heights.

BENEFITS OF YOUR PARTICIPATION:

- Evening of Relaxation: Begin your journey with an evening of pure relaxation. Enjoy the pool, unwind in the sauna, setting the stage for rejuvenation.
- Recharge in Comfort: Rest and recharge in a comfortable suit designed to enhance your experience.
- Self-Discovery: Embark on a deep dive into yourself. Explore your inner landscape with the Hogan Assessment, gaining profound self-awareness and a heightened understanding of others.
- Insights into Time and Energy Investment: Discover how to invest your precious time and energy more effectively, achieving greater productivity and fulfillment in both your personal and professional life.
- Meeting with Yourself: Reconnect with yourself during a dedicated 'meeting with yourself' – a massage session designed to soothe your body and mind, reinforcing the importance of self-care.
- Lunchtime Reflection: Conclude your Pitstop with a leisurely lunch, providing the perfect opportunity to reflect on your journey and integrate your newfound insights.

Your participation in CEO Pitstop promises not only relaxation and revitalization but also a profound journey of self-discovery and growth that extends into more aspects of your life. It's more than just a break; it's inspiration time for your journey towards extraordinary leadership.

AGENDA:

Arrival – in the evening. The next day:

8:00 – 8:30	Breakfast
8:30 – 8:45	Welcome to Deep-dive Session
8:45 – 10:00	Hogan results discussion session with Aušra Bijaminienė
10:00 – 11:00	Time & Energy Investment session with Aušra Bijaminienė
11:15 – 12:45	Massage
13:00 – 14:00	Lunch & Wrap Up

More about Hogan Assessment and Ausra Bijaminieniė, Top 100 Global Mentor: <https://www.boutiqueleadership.com>

More about Vytautas Mineral SPA: <https://www.vytautasmineralspa.lt/en>

INVESTMENT:

890 Eur + VAT

(Travel cost not included)

RESERVATION:

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